



The Carriage Hill
UPLIFTER
A PUBLICATION FOR PATIENTS, RESIDENTS, AND FAMILIES



- American Heart Month
- Black History Month
- International Friendship Month
- Groundhog Day, 2nd
- Super Bowl Sunday, 2nd
- Pride in Food Service Week, 3rd-7th
- Valentine's Day, 14th
- Presidents' Day, 17th
- Ash Wednesday, 26th



Upcoming Events:

- **Valentine Happy Hour** - 14th at 3:00
- **Mardi Gras Party** - 25th at 2:30



Outing sign ups

If you are interested in attending a scheduled outing please see Activities staff to have your name put on the list. Sign-ups start the first of the month. We do not take sign ups before the calendar has been released. Spots fill up quickly and space is limited!

From the Activities Team:

Have a suggestion for an activity you'd like to do? Somewhere you'd like to visit? Something you'd like to learn or try? Let us know! Our calendar is a reflection of our residents, patients, families, and volunteers so let's find fun things to do together!



Walmart List Days: Need some items from the store? Activities staff will gladly do your personal shopping on our scheduled Walmart List Day.

Pets: Your pets are allowed to visit you during your stay! Please provide us an updated vaccination list to Activities so your pet can visit!

Newspapers: Our center has a few facility copies available every day in the lobby. Want a personal copy? Order one and we will deliver it to you daily!

Hydration Station and Snacks: Ice water, coffee, and snacks are always available in the Carriage Club (our main Activity area), just ask!

Please see Activities staff for details!



This Month's Birthdays

Residents

Stephen Inguanti 3rd
Herbert Strayer 5th
John Morefield 10th
Della Halstead 11th
Donna Washington 11th
Esterina Milevoj 13th
Elizabeth Stewart 15th
Viola Dunmire 17th
Brenda Givens 25th
Phyllis Wesley 27th
Michael Greene 29th

Staff

Sharon Washington 2nd
Chritine Stevens 4th
Cosandra Roper 8th
Rosa Fairchild 9th
Keshia Baker 10th
Taylor Shell 11th
Katrice Lee 19th
Yolanda Williams 21st
Marshae' Babbs 21st
Aaron Remick 24th
Megan Cann 27th
Deborah Freeman 27th
Sigourney McGovern 27th



Shining Star



Our Shining Star for November is Sandra Willis!

We want to recognize our employees who go above and beyond for our patients, residents, families and each other.

Let's share their hard work, dedication, and those who demonstrate unique and exceptional acts of customer service consistent with our culture of being *caring, committed and responsive*.

The Shining Star Program is an initiative to bring to light the amazing members of our Carriage Hill Family.

To nominate an individual for their stellar service please fill out one of our nomination forms in the lobby and include:

- 1. The name of the individual and their unit or department**
- 2. The act of caring or exceptional service**
- 3. Your signature and the date**

Shining Star



Our Shining Star for December is Aubrey Beverly!

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Get Well Go Home



Carriage Hill staff celebrates a few of many successful discharges home



Administration

Administrator: John Sevier

Assistant Administrator:

Human Resources Manager: Tami Betts

Business Office

Business Office Manager: Wanda Carpenter

Facilities

Environmental Services Director: Ted Rivera

Maintenance Director: Warren Thompson

Maintenance Assistant: Ethan Pillsbury

Nursing

Director of Nursing: Jewel Myers, RN

Assistant Director of Nursing: Jessica Bell, LPN

Unit Manager Old Dominion/Centennial Way: Helen Kawa, LPN

Unit Manager Commonwealth Lane/Victory Court: JoEllen Layne

Unit Manger Memory Lane: Melissa Aquilina, LPN

Admissions

Director of Admissions & Marketing: Shawna Walker

Admissions Assistant: Maria Fitzmaurice

Rehab

Rehab Coordinator: Amanda George

Dining Services

Dietitian: Sigourney McGovern

Director of Dietary Services: Deborah Freeman

Medical Services

Medical Director: Dr. Chris Harrington

Physician: Dr. Ansari

Social Services

Director of Social Services: Trish Stenger

Social Services Assistant: Lily Bumstead

Activities

Director of Activities: Joanne Dunn

Activities Assistant:

Carriage Hill Health & Rehab Center
www.facebook.com/CarriageHillHealthRehabCenter

