



The Carriage Hill UPLIFTER

A PUBLICATION FOR PATIENTS, RESIDENTS, AND FAMILIES



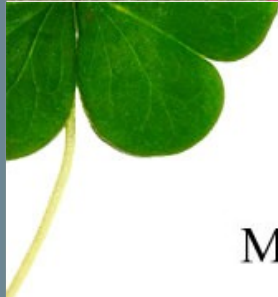
Employee
Appreciation Day, 6th

International
Women's Day, 8th

Daylight Savings
Time Begins, 8th

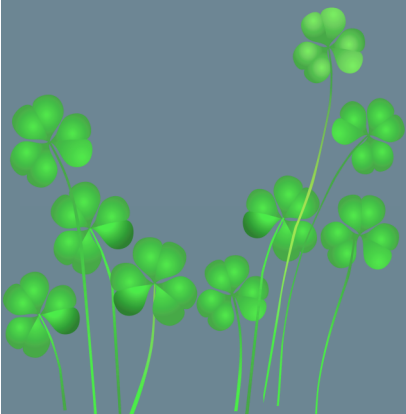
St. Patrick's Day, 17th

Spring Begins, 19th



May your blessings be more than
The shamrocks that grow
May you always stay blessed
In whatever you do.

ST. PATRICK'S DAY



Outing sign ups

If you are interested in attending a scheduled outing please see Activities staff to have your name put on the list. Sign-ups start the first of the month. We do not take sign ups before the calendar has been released. Spots fill up quickly and space is limited!



From the Activities Team:

Have a suggestion for an activity you'd like to do? Somewhere you'd like to visit? Something you'd like to learn or try? Let us know! Our calendar is a reflection of our residents, patients, families, and volunteers so let's find fun things to do together!

Walmart List Days: Need some items from the store? Activities staff will gladly do your personal shopping on our scheduled Walmart List Day.

Pets: Your pets are allowed to visit you during your stay! Please provide us an updated vaccination list to Activities so your pet can visit!

Newspapers: Our center has a few facility copies available every day in the lobby. Want a personal copy? Order one and we will deliver it to you daily!

Hydration Station and Snacks: Ice water, coffee, and snacks are always available in the Carriage Club (our main Activity area), just ask!

Please see Activities staff for details!



This Month's Birthdays

Residents

Maureen Nolet 1st
Rosie Basham 1st
Kenneth Goad 4th
Patricia Berlin 6th
Lucinda Habib 16th
Virginia Arnolds 20th
Gwynne McCatharine 21st
John Marlin 23rd
Dorothy Gardner 25th
John Hopkins 26th
Helen Rawlings 29th

Staff

Alecia Thomas 4th
Heather Tapia 7th
Kerrigan Rains 12th
Ebony Henry 16th
Teneika Rennick 16th
Midori Lindsey 20th
BJ Gibson 27th
DeAnn Jones 29th
Shannon Jones 30th



Upcoming Events:

- **Chili Cook-off - March 12th at 2:30 PM**
- **St. Patrick's Day Party - March 17th at 2:30 PM**

It's that time of year again for our Garden Club. We meet on **Tuesday's at 10:30**. Join us the 3rd of March for our first meeting and help plan which plants and vegetables to **plant!**



Shining Star

Our Shining Star for February is Andrea Castillo!



We want to recognize our employees who go above and beyond for our patients, residents, families and each other.

Let's share their hard work, dedication, and those who demonstrate unique and exceptional acts of customer service consistent with our culture of being *caring, committed and responsive*.

The Shining Star Program is an initiative to bring to light the amazing members of our Carriage Hill Family.

To nominate an individual for their stellar service please fill out one of our nomination forms in the lobby and include:

1. The name of the individual and their unit or department
2. The act of caring or exceptional service
3. Your signature and the date

Get Well Go Home



Carriage Hill staff celebrates a few of many successful discharges home



Administration

Administrator: John Sevier

Assistant Administrator:

Human Resources Manager: Tami Betts

Business Office

Business Office Manager: Wanda Carpenter

Facilities

Environmental Services Director: Ted Rivera

Maintenance Director: Warren Thompson

Maintenance Assistant: James Milligan

Nursing

Director of Nursing: Jewel Myers, RN

Assistant Director of Nursing: Jessica Bell, LPN

Unit Manager Old Dominion/Centennial Way: Helen Kawa, LPN

Unit Manager Commonwealth Lane/Victory Court: JoEllen Layne

Unit Manger Memory Lane: Melissa Aquilina, LPN

Admissions

Director of Admissions & Marketing: Shawna Walker

Admissions Assistant: Maria Fitzmaurice

Rehab

Rehab Coordinator: Amanda George

Dining Services

Dietitian: Sigourney McGovern

Director of Dietary Services: Deborah Freeman

Medical Services

Medical Director: Dr. Chris Harrington

Physician: Dr. Ansari

Social Services

Director of Social Services: Trish Stenger

Social Services Assistant: Lily Bumstead

Activities

Director of Activities: Joanne Dunn

Activities Assistant: Ashley Blount

Carriage Hill Health & Rehab Center
www.facebook.com/CarriageHillHealthRehabCenter

